



## C&R Ergonomics

Our ergonomic direction is employed to fulfill the two goals of health and productivity. It is relevant in the design of such things as safe furniture and easy-to-use interfaces to machines and equipment. Proper ergonomic design is necessary to prevent repetitive strain injuries, which can develop over time and can lead to long-term disability

Ergonomics is commonly thought of as the way companies customize procedures, work areas and break rooms to maximize productivity while minimizing worker fatigue and discomfort. We know that keeping your personnel energized and comfortable is important for lowering stress and maintaining job satisfaction.

Designed with ergonomics in mind, our system furniture solutions will provide you with the highest levels of comfort, utility and durability. The height (750mm), depth (600-750mm), width, and angle of R50 Radius at table edges of the workstations all address that along with back and arm supports.

C&R Systems ergonomically designed office furnishings are certified for premium grade from the Singapore Environment Council and PSB for our storage cabinets, modular storage cabinets, mobile storage cabinets and system panels.

You can be certain that the office furniture you receive from C&R Systems is of the highest quality, and has been custom designed to function comfortably in some of the most rigorous ergonomic conditions.

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## Spirit Desking

## C&R Interiors

At C&R, we value all clients' input. It is an utmost priority that you, our valued client, actively collaborate with us through open communication, honesty, trust, co-operation and teamwork as we journey together to fulfill your desired workspace vision. We want our clients to have a sense of ownership over this process of discovery – from taking what you have in mind of your desired workspace to the actualization of the product itself.

We want to develop a close working relationship with you as we get to understand your workspace needs and assist you to develop a customised working blueprint to fulfill your objective and desired outcome. As we work together to create your desired workspace, let's not forget to be kind to the environment and practice corporate social responsibility through our socially beneficial and economically viable management of resources. At C&R, we believe in creating and working in an office environment that benefits and cares for our next generation.





### Specialist

Intelligent as it looks, the aluminium die-cast leg of Spirit turn a smart angle to make leg room for the people sitting at both ends.



### Versatile

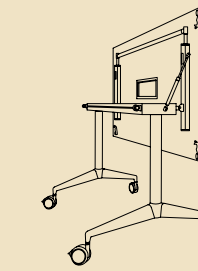
Spirit opens up a host of possibilities for creating a high quality meeting, conference and training layout which can be interchangeable and reconfigured within the workplace easily. The folded-up mechanism allows the table to be shifted and stored easily and compactly, hence, enables versatile space utilization in an organization.



### Extendable

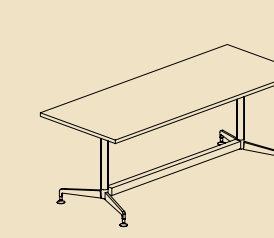
Spirit offers the right shapes, scale and finishes to better enhance every space. The design extends far beyond tables to include mobile deskings, shelving and cart options that contribute to a consistent outfitted environment. Arrange your tables in any shapes to meet the ever changing environment within the workplace.

### DESK



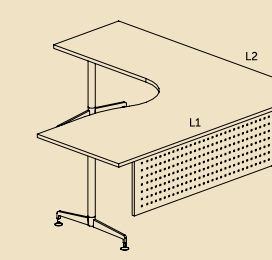
#### FOLDING TABLE

L 1200/ 1400/ 1500/ 1600/ 1800  
W 600/ 750/ 800  
H 750



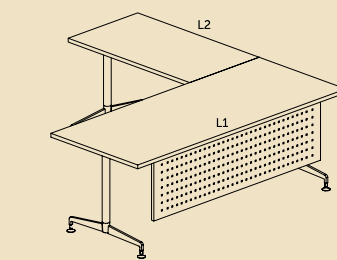
#### RECTANGULAR DESK

L 1200/ 1400/ 1500/ 1600/ 1800  
W 600/ 750/ 800  
H 750



#### L-SHAPED DESK

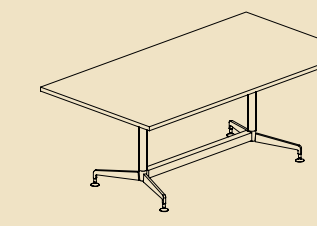
L 1500/ 1800/ 2100/ 2200  
L2 1500/ 1800/  
W 600/ 750/ 800  
H 750



#### L-SHAPED DESK

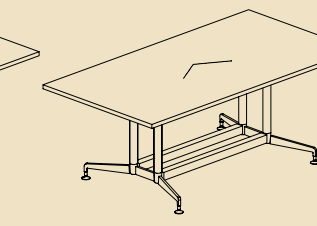
L 1500/ 1800/ 2100/ 2200  
L2 900/ 1200  
W 600/ 750/ 800  
H 750

### MEETING/ CONFERENCE TABLE



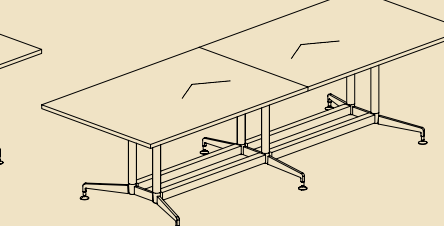
#### MEETING TABLE ( SINGLE POLE LEG )

L 1200/ 1500/ 1800  
W 900/ 1000/ 1200  
H 750



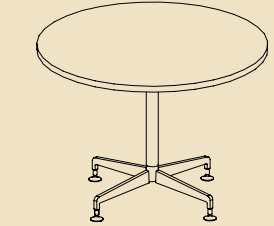
#### MEETING TABLE ( DOUBLE POLE LEG )

L 1800/ 2100/ 2400  
W 900/ 1000/ 1200  
H 750



#### LARGE CONFERENCE TABLE

L 3000/ 3600/ 4800  
W 1000/ 1200/ 1500/ 1800  
H 750



#### ROUND DISCUSSION TABLE

D 800/ 900/ 1000  
H 750

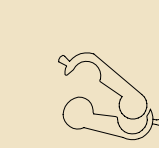
### MOBILE



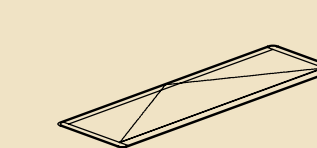
#### MOBILE PANEL

L 900/ 1000  
D 650  
H 1600/ 1800

### ACCESSORIES

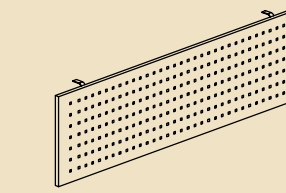


#### LINKAGE HOOK



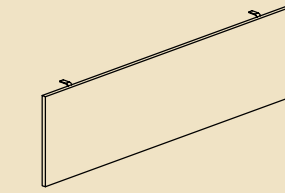
#### METAL FLIP-UP

L 400/ 500  
D 120



#### PERFORATED MODESTY PANEL (METAL)

L 1300/ 1500/ 1800  
H 450



#### MODESTY PANEL (WOOD)

L 1300/ 1500/ 1800  
H 450

### Flexible

Additionally, interchangeable application within meeting, conference and seminar environments. Spirit has also evolved to include a further utilization spectrum mobile and dynamic application, such as training areas, project offices or space for large gatherings.

### Functional

From rectangular desk to a L-shape table, Spirit creates a variety of collaborative environments to support any application.